

Opening Your Spiritual Sight to See Your Inner Truth

SpiritualBlog.com



For free distribution

Contents

Transcending Old and Embracing New	3
Soul Travel	6
Deeper Meditation	8
Seeing Your Inner Patterns	9

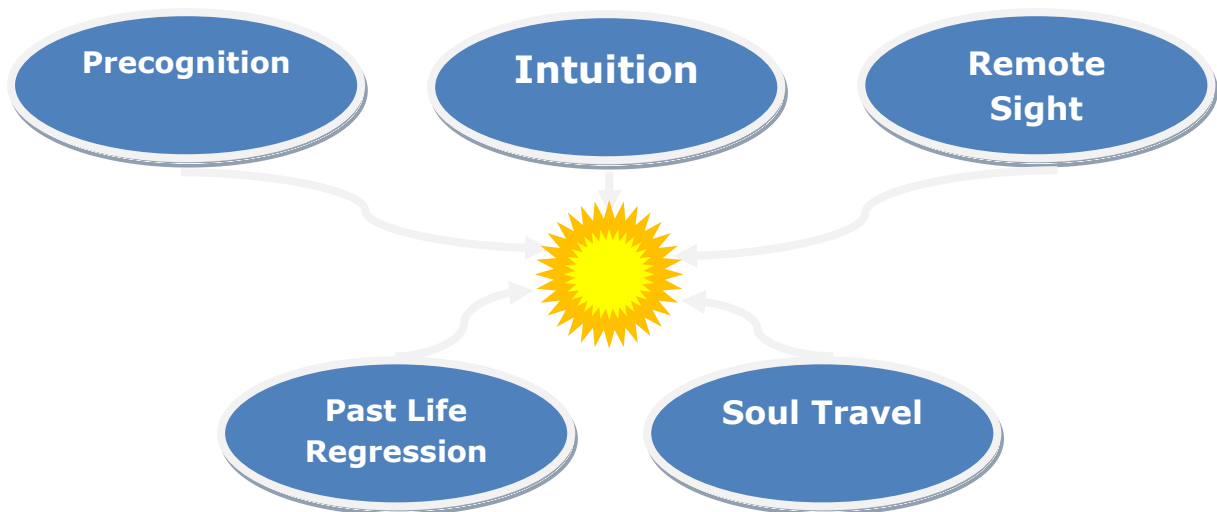
You are welcome to redistribute this e-book. E-mail it to friends. Offer it as a download on blogs or websites. Download and print it. Selling of this e-book is prohibited.

Alexander De Foe - Editor at SpiritualBlog.com

The content and links inside this e-book might have errors unless the file is opened using the PDF reader that came with this PC.

Transcending Old and Embracing New

To correct common beliefs let us state right up front that: spiritual powers can be **learned**.



It has been said in the words of Eckhart Tolle and in the words of Hale Dwoskin (founder of The [Sedona Method](#)) that the consciousness of our earth is approaching a time of **great change**.

These writers and others have pointed out that we are moving out from the patterns of the ego.

Each of us at our own pace is letting go of pains from the past and from living with their minds and hearts closed off. You and I – at our personal pace – are tumbling towards full self-actualized consciousness.

But this leads to one important question – **where are we going?**

This is the next question for us to ask as conscious individuals spiralling in the direction of awareness – "what's to come?" and "what will the 'New Earth' look like?"

The Present Moment

It's ironic because "there" is in fact **here!** Each one of us is heading back towards where we once came from. Your original being is –

1. a Divine representation of God
2. Self-aware
3. Infinite in both creative and experiential potential

However once again ... what does this mean for us?

How It Started

I would like to share the personal experience that I had with awakening to consciousness and then shutting off from consciousness and the resulting revelations I experienced.

In earlier childhood I recall being able to communicate with higher forces of consciousness. I also remember being able to read the emotions and thoughts that others were having just being in the presence. Later on I began to realise that it became harder and harder for me to tap into creative energies and spiritual abilities.

This started me on a long road towards understanding psi energies and ESP. I soon became aware that throughout school and throughout college the learning process was in fact a tremendous entrainment process that bombarded the mind of students with left-hemisphere brain thinking.

This process of "learning" in fact conditioned susceptible minds towards organising the entire majestic universe into textbooks theories and tables of numbers.

However the most important thing is that this learning process causes 99% of students who are subjected to it to lose their right-hemispheric brain capabilities for empathic connections and spiritual sight.

2008 – 2009 – a course in Spiritual Seeing

In late 2008 when I had been writing for SpiritualBlog.com for almost 6 months I decided to create a course in spiritual sight. The course intended to offer practical techniques to allow individuals to reactivate their right hemispheric functions like:

1. Being able to experience deeper emotions like true love.
2. Being able to see auras and feel subtle energies around people.
3. Experiencing unlimited artistic and creative sources.

In addition the course aimed to offer an understanding of what is possible in our world. Eckhart Tolle has written that 'Now' is all there is and realising this is at the heart of all healing.

But it is also at the heart of all **experience**. To embrace the present moment is to realise that the word 'impossible' does not exist at all!

Basis of the Course

The [course in Spiritual Sight](#) now runs online at SpiritualBlog.com. The main emphasis of the course is on reactivating the hidden abilities that each of us has but has lost along the road.

The great aspect of Spiritual Sight is that it is a set of techniques I've devised to be methodical and applicable. It's not about explaining how great it can be to expand consciousness at all. It goes straight into the right-brain hemisphere reframing method.

The techniques of activating Spiritual Sight are fun and interesting since we work with higher soul elements and artistic qualities of ourselves. It's a process of self-exploration that few of us have given themselves the chance to undertake.

Most self-awareness techniques require hard work and constant effort – this is where "Spiritual Sight" stands out. Image-streaming and simple powerful mind re-training tools make it a matter of minutes before we are able to reconnect with natural abilities like intuition and aura-sight.

Soul Travel

Soul-travel (aka astral travel or OBE) is one of the abilities that open up to us when we begin developing spiritual sight. Soul travel is the gift to be able to travel using astral light consciousness – a higher consciousness of experience.

Like all spiritual gifts and abilities – this is something we can all **learn**.

Like Soul-travel remote-sight is the related power to be able to see what a person is doing or a geographical location without being there. Instead we're able to see it in the mind.

There have been reported cases of government agencies training people to use these techniques for espionage – and astral travel is widespread in historical literature. Yet it is something few people know about.

Levels of consciousness

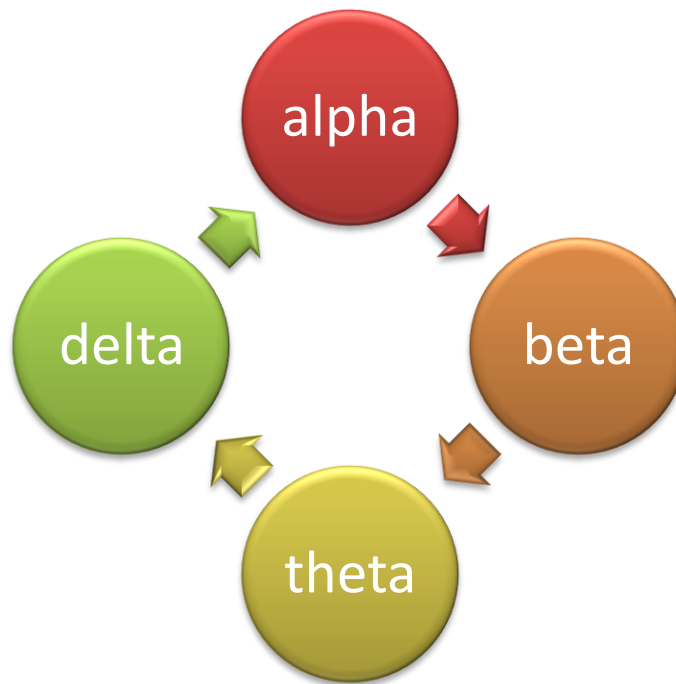
There are several different levels of consciousness that we can participate in. The experience that we are having here on earth is just one of them. Part of opening spiritual sight is being able to see that this experience is just a small part of the universal experience and all that's "out there" to be seen.

Most people are able to see the beginning of an aura after the first few minutes of enrolling in the [Spiritual Sight online course](#). This is a profound experience in itself. There is a big difference between reading 20 books about the aura and being able to see one. The same is true for astral travel and past life regression.

There are thousands of books with interesting theories and thoughts but just a few of them have the practical foundation to teach the process of opening spiritual sight on a real practical level.

Since there are thousands of books with theories about these topics I've structured the Spiritual Sight course at SpiritualBlog.com with almost no theoretical information. "Open Your Spiritual Sight" is a practical course with an emphasis on learning through personal experience.

Soul-travel can be achieved through a special transcendental meditation technique. The Spiritual Sight course comes with a 30-minute audio track similar to [SPIRITUAL SYNC](#) (there is a 5 minute sample on this site) which allows deeper meditation into the theta and delta brainwave states of consciousness.



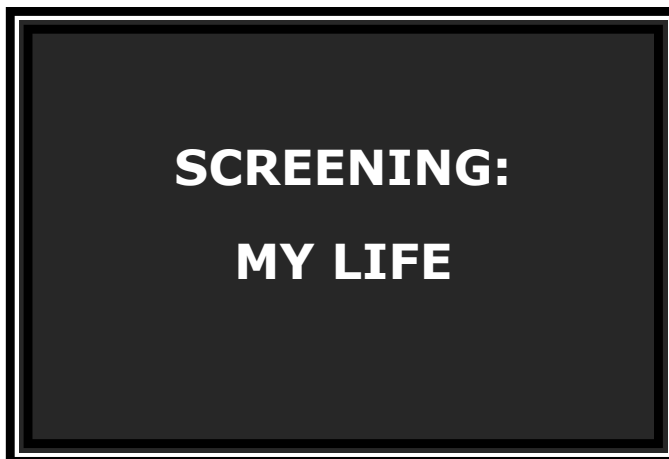
The brainwaves states regulate our conscious experience. These specific frequencies regulate what we see and what our mind filters out. Most of us are in a beta state of consciousness except for when falling asleep as the mind enters the deeper theta and delta states. Most of the time we proceed through these states over a few seconds: going straight to sleep. Techniques in the course such as brainwave entrainment and image streaming make it possible to remain in these states for longer and to use them as a personal launchpad for past life regression -- lucid dreaming -- and astral travel.

Deeper Meditation

One of the core foundations of the course is image streaming. Image streaming is a technique of accessing the subconscious mind to facilitate healing and spiritual awakening.

Before falling asleep it is not uncommon to see images and even 'movie clips' in the mind. These are like dreams that are experienced in sub-wakeful consciousness.

The aspect most people don't realise is that these images provide great insights into the subconscious mind. Being able to see these images is also an indication of awakening spiritual sight.



Using image streaming we are able to access the entire subconscious mind which is an invaluable asset to have for learning spiritual sight – OBE and manifestation.

The bottom line is that this is where human consciousness is heading. You can [take the course now](#) to get a personal glimpse of this destination.

The problem with theoretical methodologies like "The Secret" is that it's common to see people using the same old tools in an attempt to gain new experiences. "Spiritual Sight" is an actual tool in itself that empowers us to be able to manifest... to be able to image stream... to be able to astral travel and more. It's when we open the spiritual perception to see auras and subtle energies that we realize all those things are possible. No book or lecture can substitute that essential experience.

Seeing Your Inner Patterns

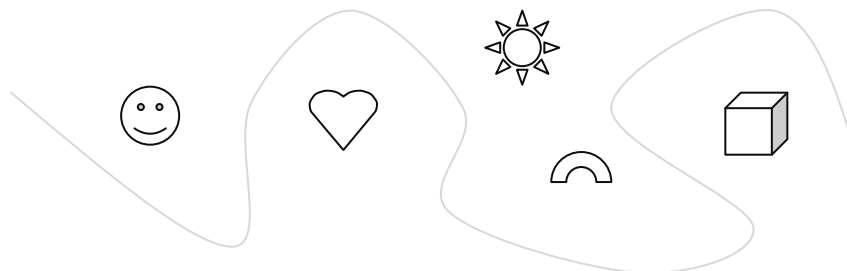
The most powerful aspect of image streaming for both practitioners and for personal use is being able to create new image streams. This process cannot be emphasised enough in spiritual development.

Spiritual Sight Technique



One of the 19 techniques provided in the [Spiritual Sight course](#) is based on pulling an image-stream from the subconscious mind and then re-framing it into a more desirable stream. Since the original stream is based on a core-belief – when we re-align the new stream the entire core belief changes over time.

This process can revolutionize personal development and the pre-supposition that it requires lots of hard work to reframe negative beliefs. In fact all it requires with image streaming is re-imaging.



STREAM OF SEEMINGLY RANDOM IMAGES FROM THE
SUBCONSCIOUS MIND

You will find that using spiritual sight it's simple to sit in meditation for a few minutes and a natural image-stream will begin to appear. The images might be of people or events that seem random and meaningless. But as will be explained in the course nothing is meaningless – each image and representation has a unique significant meaning.

There is a method similar to dream-interpretation that is explored in the course to use for interpreting these image streams and for creating new ones.

Continuous practice with image streaming makes it possible to recognize subtle energies around other people – activation of true spiritual power. The course provides a solid framework for activating inner qualities like precognition and intuition and maximising their strength.

"Open Your Spiritual Sight" has been developed as a course for –

1. Personal development and belief reframing
2. Spiritual intuitive development
3. Professional development for practitioners seeking to understand their clients from a deeper spiritual perspective
4. Psi development for aspirants serious about developing psi powers
5. Individuals with a general interest in consciousness

If we let go of holding onto the past like Eckhart Tolle has talked about in *The Power of Now* then an entire world of new potential opens up to us. Spiritual Sight is just one of the abilities that each one of us has – waiting to be discovered and utilized.

~

[Open Your Spiritual Sight](#)

~